Cutting Instructions



Blocks:

- Twelve 5" x 5" squares of background (Light value) (One and a half strips WOF*, 5" wide)
- ☐ Sixteen 5" x 5" squares of Colour A fabric (medium Value) (Two strips WOF, 5" wide)
- □ One 2 1/2" stríp WOF of Colour B (medium value)
- Two 2 ½ strips WOF of background fabric (light value)
- ☐ Binding: Three 2 1/4" strips WOF
- □ Batting and Backing: 27" x 27" square

Sewing Instructions

Step 1: Make the strip set

- Sew the Colour B medium value fabric and one light 2 1/2" strip (background fabric) right sides together along the long edge.
- Press the seam towards the darker fabric.
- ☐ The strip set should measure 4 1/2" tall.

Step 2: Make the Four Patch Units



- Cross cut the strip set from Step 1 into 2 1/2" segments.
- Sew the 2 ½" segments into four patch units making sure that the light background fabric squares are on opposite corners diagonally.
- The four patch units should measure $4 \frac{1}{2}$ square.

Step 3: Make the Half Square Triangle Units







- Pair one Colour A medium 5" square and one light 5" square right sides together.
- Draw a diagonal line on the wrong side of the light square.
- Sew 1/4" from the drawn line, on both sides of the line.
- ☐ Cut apart on the drawn line, and press towards the darker fabric.
- Trim the resulting two squares to 4 1/2" square.
- ☐ Make twenty four half square triangle units.

Step 4: Cut the inner star pieces.

- From the remaining $2\frac{1}{2}$ " light background strip, cut eight $2\frac{1}{2}$ " squares, and four $2\frac{1}{2}$ " x 4 $\frac{1}{2}$ " rectangles.
- From two of the remaining Colour A 5" squares, cut eight 2 1/2" squares.
- From one of the remaining Colour A 5" squares, trim the square to $4 \frac{1}{2}$ " x $4 \frac{1}{2}$ ".

Step 5: Sew the inner star sub units.











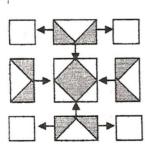






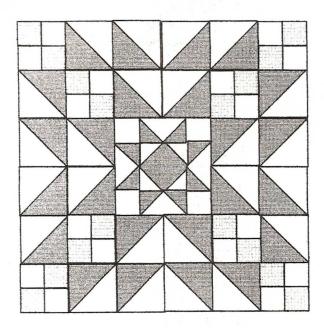
- Place two 2 ½" light background squares right sides together on opposite corners of the Colour A 4 ½" square. Sew diagonally across the 2 ½" square. Trim, and press triangles to outside corners. Repeat for two remaining corners.
- □ Place one 2 1/2" Colour A square right sides together on a light background 2 1/2" x 4 1/2" rectangle. Sew diagonally across the 2 1/2" square. Trim, and press the triangle to the outside corner. Repeat for the other end of the rectangle. Make four of these 'Flying Goose' units.

Step 6: Assemble the inner star.



- ☐ Lay out the inner star pieces according to the diagram at the left.
- Sew the sub units into rows. Press seams in the direction of the arrows.
- Sew the rows together. Press seams in the direction of the arrows.

Step 7: Assemble the quilt top.



- Arrange the inner star unit, the four patch units and the half square triangle units according to the diagram on the left. A design wall is helpful for this step.
- Sew the units into 'four patches', making sure that the orientation of the units is correct.
- Sew the resulting nine 'four patches' together, like a large nine patch.

Step 8: Finishing

- □ Layer quilt top, batting and backing.
- Quilt as desired.
- ☐ Put on the binding and label.