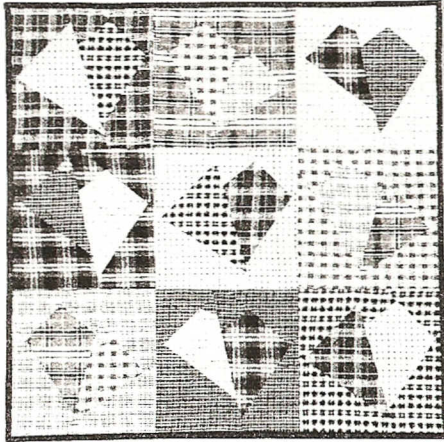


Cutting Instructions



- ❑ Blocks: nine 11" squares; fabrics should contrast with each other, otherwise the heart design will not show up in the finished block. Suggest three fabrics from each of three colour families (i.e. three reds, three blues, three tans).
- ❑ Binding: Three 2 1/4" strips WOF
- ❑ Backing & Batting: 28" square

Sewing Instructions

Step 1:

- ❑ Make the cutting template according to the directions at the end.
- ❑ Arrange the 'squares' into three stacks of three fabrics (i.e. one from each colour family in each stack), right sides up, with contrast between the fabrics in the stack.
- ❑ Lay the template on top of a stack of three squares. Make cut #1, then separate the two "halves", and make cut #2. Continue until all 7 cuts have been made for the stack, and then repeat for the remaining two stacks.

Step 2:

- ❑ Arrange each cut stack back into a square.
- ❑ Pick up one side of the heart, put the top fabric on the bottom of the stack, and put the stack back in its place.
- ❑ Pick up the other side of the heart, put the top two fabrics on the bottom of the stack, and put the stack back in its place.

Step 3:



- ❑ Sew each seam in the reverse order of cutting (Sew seams in order from #7 to #1).
- ❑ Overlap the edges of the two pieces to be sewn together slightly, so that the edges at one end of the seam cross at the point where the 1/4" seam allowance will be sewn. Line up the seam ends that are marked in the cutting template with a '*'. The other end of the seam will not line up. Start sewing at the 'lined up' edge.
- ❑ If one of the two edges to be sewn together is uneven because it was not the 'lined up' edge, trim the edge to a straight line before sewing.
- ❑ Center the two 'halves' when sewing the last seam.
- ❑ Press seams away from the 'heart' fabric in the centre of the block.

Step 4:

- Square up the block to 9" square (or 8 3/4" if the blocks are slightly smaller). Make sure there is at least 3/8" beyond the edge of the heart to the trimmed edge.
- Arrange the blocks into three rows of three blocks.
- Sew the blocks into rows.
- Sew the rows together.
- The top should now measure 26" by 26".

Step 5:

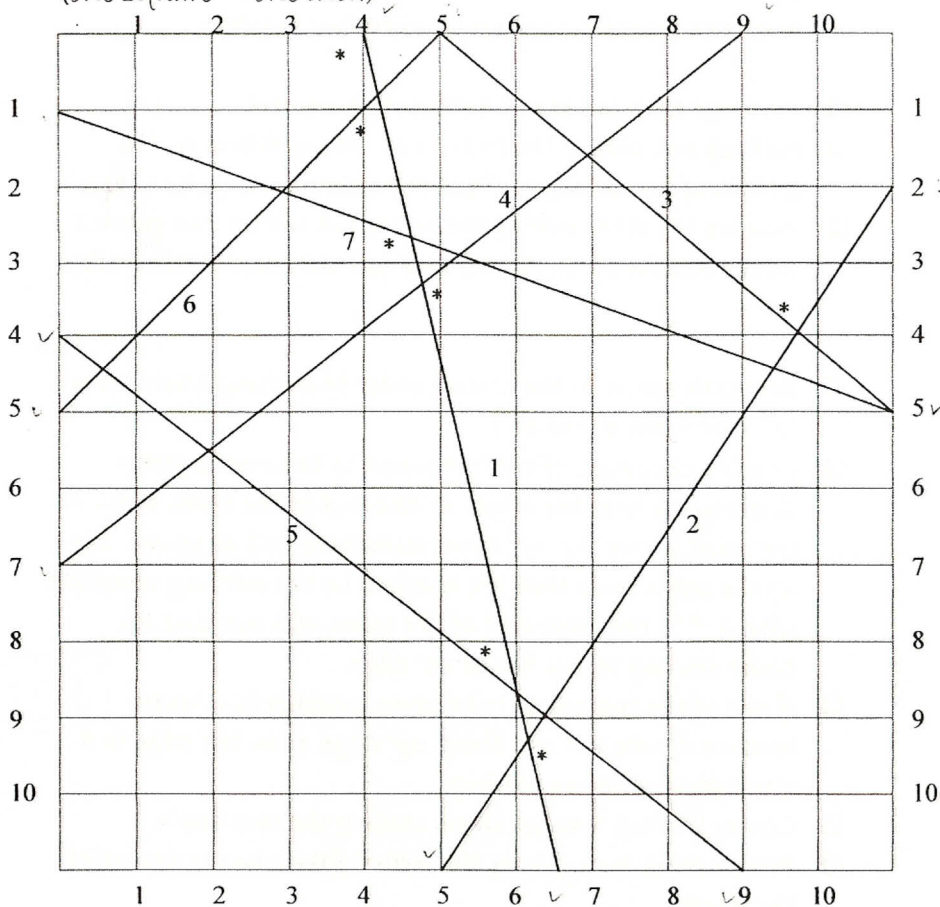
- Layer with batting and backing and quilt.
- Quilting suggestion: an all over meandering stipple in a variegated thread.
- Put on the binding and label.

Variations:

- When cutting one of the three stacks of squares, flip the templates 'right' side face down, so that some of the hearts lean in the other direction.
- Cut the last of the three stacks of squares, do not make cut #7.

Cutting Template:

(one square = one inch)



Draw the lines as indicated, then cut the template apart in the numbered sequence. (Cut line #1 first, then line #2, etc.) Record the asterisks on the template as well.

Tip: Make the template from non-woven interfacing.

*WOF = Width of Fabric (fabric needs to measure 40" wide without salvages after pre-washing)